

GEORGE ST LOFT

MYEEESPRESSO.FOODDEPOT

GEORGESTLOFT.COM.AU | PH: 02 4587 9222 |    GEORGESTLOFT

BREAKFAST

- TOASTED BRASSERIE SOURDOUGH** 8.0
do you want peanut butter | vegemite | jam | marmalade | local honey?
- RAISIN AND SOUR CHERRY TOAST** 8.0
with real butter & sprinkling of cinnamon sugar
- SCONES** 8.0
mums buttermilk scones w/berry jam & fresh cream
- CROISSANT it's naughty but damned nice** 8.5
with buttery butter and house jam
- YES WE BAKED IT OURSELVES BANANA BREAD** 8.5
with delicious honeycomb butter.
ask us about our specialty sweet baked bread.  Available.
- IT'S "OUR" TOASTED GRANOLA** 13.5
topped with yummy seasonal fruit, local honey yogurt and LSAC.
If you don't know what LSAC is, don't worry, it's good for you
- BIRCHER MUESLI** 15.0
with seasonal fruit (available spring summer)
- HOUSE PORRIDGE** 15.0
with seasonal stewed fruit (available autumn winter)

 GLUTEN FREE  PALEO  VEG  VEGAN  DAIRY FREE - AVAILABLE ON REQUEST.

BREAKFAST

SUPERFOOD ACAI BOWL

GF 15.0

blended with frozen banana & coco water, garnished with house granola, fresh fruit and toasted coconut & LSA.

AVL @ GSL

13.5

avocado, vegemite, lime w/ roasted tamari seeds on sourdough toast
add fried egg + 3.0

GF +1.5

AVO/FETA/BEETS

14.5

smashed avo, feta, sweet beetroot relish on toasted harvest grain sourdough finished w/ chia & fresh pea sprouts

GF +1.5

add poached egg + 3.0

COURTYARD BRUSCHETTA feeling the courtyard love

16.5

cream cheese | avo | tomato | spaniola onion | house pesto

Half serve 10.5

bring on the basil and drizzle it with lemon & olive oil on toasted sourdough topped with pepita seeds, yummo

GF +1.5

add poached eggs + 5.0 add crispy bacon + 5.0

MUSHETTA

17.5

sautéed mushies with fresh thyme & garlic | ricotta wilted spinach marinated feta finished with fresh lemon juice | balsamic olive oil on sourdough toast.

GF +1.5

GEORGE'S SPECIALTY BACON & EGG ROLL

8.0

with the loveliest house relish.

GF +1.5

THE BREAKIE WRAP UP

13.0

scrambled egg, bacon, wilted spinach, tasty cheese, house relish in a toasted tortilla wrap

GSL FRITTERS

GF 19.5

with roastie tomato, fresh baby spinach, with fried egg & smashed avo salsa
add bacon + 5.0

BREAKFAST

EGGS WHICH EVER WAY YOU WISH

let's get creative, just add the house sourdough and whatever else you feel you need to eat with your eggs

12.0

GF +1.5

SIDES

sautéed mushies | baby spinach | roast tomatoes

3.0 ea

hollandaise | house pesto | sourdough toast

3.0 ea

avocado | feta | caramelized onion

4.0 ea

bacon, sausage (2) | free range eggs (2) | halloumi

5.0 ea

smoked salmon

6.0 ea

EGGS FLORENTINE

18.0

with wilted spinach | hollandaise | house dukkah

GF +1.5

THE ROYAL BENEDICT

20.0

with ham or bacon | wilted spinach | hollandaise | house dukkah

GF +1.5

ALASKAN EGGS

24.0

with smokin' salmon | wilted spinach | hollandaise | house dukkah | pesto

GF +1.5

CHEF'S OMELETTE 3 fillings

19.5

who knows what's in it. If you guess, it's free (just kidding) or you can just make it up. Just add sourdough toast

GF +1.5

THE PANCAKE

19.5

seasonal fruit, fresh ricotta & delicious sweet butter & maple syrup

GF +1.5

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GF GLUTEN FREE **P** PALEO **V** VEG **VG** VEGAN **DF** DAIRY FREE - AVAILABLE ON REQUEST.

LUNCH

FRESHLY MADE SANDWICHES

8.0

1-protein & 3-4 salad fillings

GF +1.5

IT'S A WRAP - yes a wrap

15.0

mediterranean vegi

hummus | spinach | halloumi | sundried tomato | roasted capsicum | olives | spaniola onion | balsamic glaze

smokin' salmon

cream cheese | smokin' salmon | spinach | capers | spaniola onion | smashed avo | lemon aoli

chooky blat

chicken | bacon | lettuce | smashed avo | tomato | aioli

SOURDOUGH TOASTIE

12.0

3 cheese | spaniola onion | house relish

GF +1.5

mushroom | haloumi | hommus | spinach

tomato | cheese | baby spinach | spaniola onion | house relish

chicken | smashed avo | chilli mayo | cheese

smoked salmon | cream cheese | capers | baby spinach | spaniola onion | lemon aiolo

ham | tomato | tasty cheese | basil | dijon

aloha-ham | grilled pineapple | cheese | pickled red onion

maple cured bacon | roast pumpkin | feta | caramelized onion

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LUNCH

HOUSE MADE SUPER SAUSAGE ROLL	9.5
add the freshness of a salad	13.5
VEGETARIAN SAVOURY ROLL	10.5
with mango chutney & minted yogurt	
add the freshness of a salad	14.5
LOFTY'S SOUP - with toasted sourdough	13.5
our soups are just delicious. check out what's cooking today	GF +1.5
CAESAR WITH A TWIST	16.5
traditional caesar with a hint of good green zucchini	
add chicken + 5.0	
HOUSE SALAD	15.0
what ever our kitchen has on offer to create a delish bowl of healthy goodness	
add ham bacon chicken poached eggs halloumi + 5.0	
add smoked salmon + 6.0	
LOFT NOURISH BOWL nourish! flourish! & feel good inside!	GF 22.0
with rice, grains, roasted veg paddy, avocado, poached egg & house dressing	
SOMEFINFISHY	22.0
crispy skin grilled barra with herbed butter, crispy chips and of course a side of healthy salad.	

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BURGERS

B BURGER

11.5

house made beef pattie | tomato | beetroot | lettuce | house relish | milk-bun

LOFTY BURGER

16.5

house made beef pattie | caramelised onion | egg | bacon | cheese | tomato
beetroot | lettuce | bbq mayo | milk-bun

CHOOKY CHOOKY CHOOK BURGER

16.5

grilled chicken | avo | tomato | lettuce | chilli mayo | milk bun

VEGORAMA

17.0

house made veggi pattie | avo | cucumber | spaniola onion
beetroot relish | salad greens | aioli | wheatbun

BLASTTT

15.5

double bacon | lettuce | avo | saucy bbq mayo | tomato | toasted turkish

STEAK SANGER

19.5

yes it's prime beef rump | caramelised onion | fried egg | tomato | beetroot
lettuce | house relish | toasted turkish

CHIPPIE, CHIPPIE, CHIPPIES on the side

4.0

chilli mayo + 3.0

aioli + 3.0

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DRINKS

COFFEE you said what? Allpress coffee it is!	4.0 / 4.5
capp latte flat white long black	
ESPRESSO MACCHIATO PICCOLO	3.5
MOCHA DIRTY CHAI	4.5 / 5.0
HOT CHOCOLATE CHAI	4.0 / 4.5
extra shot soy almond milk lactose free coco milk macca milk +.80 syrup - caramel vanilla hazelnut	
AFFOGATO	6.5
(it's a shot of coffee poured over ice-cream & syrup)	
GOLDEN LATTE	6.0 / 7.0
spiced turmeric powder spun on coconut milk with a dash of honey	
SPICED CACAO LATTE	6.0 / 7.0
spiced cacao spun on soy milk, almond milk or macca milk	
T-NOMICS LEAF TEA	4.5
english breakfast royal earl grey sydney masala chai mao feng green organic.	
SPECIALTY TEA	4.5
organic white rose	
HERBAL RANGE	4.5
organic whole leaf peppermint organic lemongrass & ginger sweet root detox	

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DRINKS

100% RAW COLD PRESSED JUICE BY BRUCE	5.0
healthy is our Bruce you can have greener redder golden straight apple straight orange	
SPARKLING FRUIT SODAS	4.5
variety of flavours, ask our friendly staff	
'SIMPLE' ORGANIC SODA	4.5
lemonade cola lemon lime bitters	
BELOKA MINERAL WATER	4.0
STILL WATER	3.0
KOMBUCHA	6.0
delicious natural fermented tea beverage containing live enzymes & probiotics aimed at improving digestion and gut health	

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DRINKS

SMOOTH AS

9.5

made on organic coconut milk/coconut water w/ LSA & CHIA

lofty's supergreen

baby spinach | avo | kale | passion fruit | pineapple | mint | frozen banana

george's mango bananarama (who remembers the band?)

mango | banana | yogurt | honey

berrilicious

superfood for sure! mixed berry | yogurt | honey

add a dash of turmeric powder + 2.0

MILKSHAKES

7.0

chocolate | strawberry | caramel | vanilla | banana | coffee

add malt + .50

make it thick + 2.0

ICED DRINKS W/ICE CREAM & CREAM

8.5

iced coffee | iced choc | iced mocha

COLD BREW

4.5

Browns Mill Organic

ICED DRINKS JUST OVER ICE

7.0

iced long black | iced latte | iced choc | iced mocha

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KIDDIES

BABYCINO 2.0

CHOCCICINO 3.5

RAW COLD PRESSED 5.0

apple juice | orange juice

MILKSHAKES 5.0

choc | strawberry | caramel | vanilla | banana

BREAKIE combo with apple | orange juice | milkshake **GF** 12.0

fresh fruit & yogurt jar
vegemite | peanut butter | jam soldiers
pancakes w maple syrup & ice cream
scrambled eggs w toast
bacon & eggs
piggy in a blanket (sausage wrap)

LUNCH combo with apple | orange juice | milkshake **GF** 15.0

ham & cheese toastie
kiddies sandwich
housemade sausage roll with tommie sauce
cheeseburger & chips
chicken nuggets & chips
fish & chips

Our cafe is a nostalgic part of The Royal Picture Theatre. It is a relaxed meeting place for serious coffee & heart warming food. We hope you enjoy your stay.

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